



The TypeE Personality®
Living on the Edge without Falling Off
By Alexander M. Giorgio

The people at the top - leaders in business, entertainment, the arts and sciences — have a way of seeing and living their lives that is so completely different from the norm that it can be described as a personality characteristic all its own — a TypeE personality.

These leaders — an estimated 5 to 10 percent of the world's population — love living on the edge of life. They love extremes. They are built for speed, whether emotional or physical. They possess enormous amounts of passion and creativity. Their energy seems limitless and their pioneering spirit insatiable. They live to shape the world, to grow it, to make it a better place, from the bottom line to the bedroom, from corporate headquarters to the United Nations. They constantly live and love and play on the edge.

Do You Have a TypeE Personality?

Are you or a colleague one of the unique 5-10 percent of the population who loves living on the edge? If you are an entrepreneur, entertainer, CEO, energetic or maybe even enlightened, chances are you have a TypeE personality. If in your enthusiasm you frequently get another "E" from others, "Enough already!" you definitely are.

Take the TypeE QUIZ!

Take this 60 second TypeE Quiz to find out if you have a TypeE personality. Then send this page to your suspected TypeE friends, family and coworkers to find out if they love living on the edge as much as you do! While the TypeE Quiz is not meant to be a definitive measure of whether or not you have a TypeE personality, it will give you a general reference point with which to compare your "E-ness" to others. If you would like to help with our continued refinement of the TypeE personality, please take our online, self-scoring quiz at <http://www.typeepersonality.com/typeequiz.htm>.

Please answer Yes, Sometimes, or No to the following questions.

- 1
Do you love starting new projects, especially "impossible" ones?
- 2
Does the thought of having a typical "9 - 5" job make you break into a cold sweat?
- 3
Do you quickly lose interest in a project or job once it is up and running?
- 4
Has delegating responsibility been a major challenge for you?
- 5
When contacted by an old friend you haven't heard from in years, do you immediately pick up where you left off, as if no time has passed?
- 6
Do you love having time to yourself when you can find it?

typeE[®] personality

7

Do you usually find “small talk” a waste of time?

8

Do most of your projects or jobs or romantic relationships usually last between six months to five years?

9

Did you grow up feeling your view of life was different from that of most people?

10

Do you consider yourself an intensely passionate person?

YES - 3 points

SOMETIMES - 2 points

NO - 1 point

PLEASE TOTAL THE POINTS TO FIGURE YOUR SCORE _____

QUIZ RESULTS:

Less than 10 points:

Replace your calculator battery.

10 - 19 points:

Probably not a TypeE

Best suited for a regular 9-5 job

20 - 30 points:

You are a visionary

and probably have a TypeE personality

20 - 23 points:

Probably a TypeE Manager

You're a practical visionary who, unlike traditional managers, won't shy away from risk. In fact, if you don't have at least three failures for every one success, you feel that you're not pushing the risk envelope enough. You know how to get the ball rolling and how to keep things on track. Action is your calling card. Without you, dreams of success remain just that — dreams.

24 - 27 points:

Most likely a TypeE Translator

You're a bilingual visionary who is a vital link between the TypeE mystic and the TypeE manager. You excel in being able to think and communicate in two very distinct styles — both globally and linearly. It's that extraordinary ability to take lofty visions and bring them down to earth that makes you an invaluable — and scarce — resource. Strategic planning wrapped in wisdom and understanding is what you are known for. Without you, the distance between a cutting-edge idea and realizing it is too great. It's like having a map with the starting and ending points, but no route or vehicle to make the journey.

28 - 30 points:

Undoubtedly a TypeE Mystic

You're a mystic visionary who operates so far outside the box, you can't remember where the box is most of the time. With more than just your head in the clouds, it can be a challenge



to communicate your ideas and passions to most people. You've also got the incredible gift of time travel — that is, the ability to bring the vision of our world's future into the present. Without you, human experience would be an endless stream of mundane routines, never reaching for the limitless possibilities that you bring to the rest of us.

Whether you are primarily a TypeE manager, translator or mystic, all three aspects of the TypeE personality are alive and well inside you. While some TypeEs can operate from all three modalities simultaneously, there is usually one mode that you will feel most comfortable with. This is the one you will find yourself utilizing most of the time.

Alex Giorgio is a practicing psychotherapist, professional speaker, author and wellness consultant who teaches leading entrepreneurs, entertainers and CEOs from all over the globe how to fly by the “seat of their hearts.” Email him at alex@typeEpersonality.com.

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